



## ***NATIONAL SERVICE SCHEME***

GOVERNMENT  
COLLEGE  
DHARAMSHALA

*“NOT ME BUT YOU”*

## **NSS 7 DAYS CAMP REPORT**

(2024-2025)



# Day 1

**Total Volunteer – 95**

**Time – 9:00 A.M TO 5:00 P.M**

## **Session 1**

*Morning Assembly and The day began with a flag-hoisting ceremony at 8:30 am on the basketball court.*

*At 12:00 pm, all the volunteers gathered outside the NSS classroom, where the chief guest, Prof. Rakesh Pathania , shared his words of wisdom.*

*From 2:00-3:00 pm, after completing the cleaning task, the volunteers had lunch together, followed by a Khokho match between the seven organizations from 3:00-5:00 pm.*



# Day 2

**Total Volunteer – 95**

**Time – 9:00 A.M TO 5:00 P.M**

## Session 1

*The day began with enthusiasm and discipline.*

**10:00 am - 12:00 pm: Drill and PT Session**

**12:00 pm - 1:15 pm: Cleaning Campaign. All groups were sent to clean different areas of the college.**

**1:15 pm - 2:00 pm: Emergency Management Session (Prayas Hall)**

**2:30 pm: Lunch . All members had lunch together**

## Session 2

**3:30 pm: Sports Activities**

*After lunch, all volunteers were called to the basketball ground. Here, we participated in an exciting activity called "Find the Chits." Each group was given the task of finding 5 chits.*





# Day 3

**Total Volunteer – 95**

**Time – 9:00 A.M TO 5:00 P.M**

## **Session 1**

*All the volunteers were taken to Passu Pantehar village, which has been adopted by the NSS unit of Dharamshala.*

*At the village, all the volunteers were gathered at a park and divided into five groups to conduct various activities.*

*Firstly, all the volunteers met with the village Panchayat head and some villagers at the Panchayat house along with Program Officers **Prof. Nishesh Kumar** and **Prof. Pooja Sandal**.*

*Group 1: Cleanliness drive in the park, where plastic waste and garbage were collected and the entire park was cleaned.*

*Group 2: Cleaning of the village baori (stepwell), where the water was cleaned and the surrounding area was sanitized.*



## SESSION 2

*Group 3: Awareness campaign at the panchayat house, where volunteers informed villagers about government schemes such as Sarva Shiksha Abhiyan, Himachal Pradesh Chief Minister Gyandeep Yojana, Swami Vivekananda Utkrisht Yojana, National Scholarship Protocol, and Sukanya Samriddhi Yojana.*

*Group 4: Door-to-door contact, where volunteers visited villagers' homes, interacted with them, listened to their problems, and informed them about government schemes.*

*Group 5: Street play, where volunteers performed a street play in schools to convey the message of environmental conservation and pollution control to children and villagers. Finally, all the volunteers prepared a community meal near the Shiv temple and ate together. Then, they sat together and were briefed about the National Service Scheme. The day concluded with the lowering of the NSS flag upon returning to the college.*





# Day 4

**Total Volunteer – 95**

**Time – 9:00 A.M TO 5:00 P.M**

## **Session 1**

*The day began with the prayer session and a flag hosting at 8:00 A.M.*

*Then it was the time for drill session from 9:00am to 11:00 A.M.*



# Day 5

**Total Volunteer – 95**

**Time – 9:00 A.M TO 5:00 P.M**

## **Session 1**

*The day began with the hoisting of the flag at 9:30 am on the basketball court.*

*Group were divided for the duty  
At 11:00 am, everyone gathered outside, where the main attraction was a session by Mannara NGO's Shaily and Sonia, who addressed the volunteers and raised awareness about social issues, focusing on "Well Being and Youth Leadership."*

## **Session 2**

*After Lunch From 2:00 pm To 4:30 pm, exciting games were organized to foster a sense of unity among the volunteers.*

*The day concluded with the national anthem and flag hoisting at 5:00 pm. Afterwards, the group members washed the utensils and stored them in the designated area.*



# Day 6

**Total Volunteer – 95**

**Time – 9:00 A.M TO 5:00 P.M**

## **Session 1**

### **\*Yoga Session\***

*At 9:00 am, a yoga session was organized, led by Dr. Suresh Kumar Dhiman from the Yoga and Fitness Club.*

*. All volunteers practiced various yoga poses, pranayama, and meditation, which energized their minds and bodies*



## **Session 2**

### **\*Cyber Crime Awareness Session\***

*At 11:00 am, an awareness session on cybercrime was conducted by Additional Superintendent of Police, Mr. Praveen Dhiman.*

*He emphasized the need to be cautious against cyber fraud, hacking, phishing, and online scams in today's digital age.*





# ***Day 7***

***Total Volunteer – 95***

***Time – 9:00 A.M TO 5:00 P.M***

## ***Session 1***

*The day began with the hoisting of the flag, followed by a session on "My Bharat" at 10:00 am, where participants were informed about the initiative.*

## ***\*Awareness Session on Nasha Mukti\****

*An awareness session on "Nasha Mukti" (Drug De-addiction) was organized, with Mrs. Shalini Agnihotri (SSP) as the chief guest.*

*The session was also attended by the college principal, Prof. Rakesh Pathania, and NSS Program Officer, Prof. Nishesh Kumar.*

## ***\*Felicitations and Award Ceremony\****

*The chief guest was felicitated with a memento, and senior NSS members were awarded for their outstanding work. Additionally, a new NSS committee for the year 2024-25 was formed and felicitated by SSP Shalini Agnihotri.*

## ***\*Cultural Program and Closing Ceremony\****

*A cultural program was also organized, followed by lunch. After lunch, all volunteers were felicitated for their work, and the final day's program concluded with the flag-down ceremony at 5:00 pm.*

